



Bulletin board

At the movies Dec. 21 to Jan. 6

Baumholder, Wagon Wheel

Dec. 21 — Friday Night Lights (PG-13) 7 p.m.
Dec. 22-23 — Taxi (PG-13) 7 p.m.
Dec. 24 — Spongebob Squarepants Movie (PG) 7 p.m.
Dec. 25 — Surviving Christmas (PG-13) 7 p.m.
Dec. 26 — Spongebob Squarepants Movie (PG) 4 p.m. National Treasure (PG) 7 p.m.
Dec. 27 — National Treasure (PG) 7 p.m.
Dec. 28 — Spongebob Squarepants Movie (PG) 7 p.m.
Dec. 29-30 — Team America: World Police (R) 7 p.m.
Dec. 31 — Alexander (R) 7 p.m.
Jan. 1 — Christmas With The Kranks (PG) 7 p.m.
Jan. 2 — Christmas With The Kranks (PG) 4 p.m. The Grudge (PG-13) 7 p.m.
Jan. 3-4 — I Heart Huckabees (R) 7 p.m.
Jan. 5-6 — The Grudge (PG-13) 7 p.m.

Büdingen, Little

Dec. 25 — Raise Your Voice (PG) 3 p.m.
Dec. 31 — First Daughter (PG) 7 p.m.
Jan. 1 — Shark Tale (PG) 3 p.m.

Dexheim, Rhein

Dec. 24 — Alexander (R) 7 p.m.
Dec. 26 — Christmas With The Kranks (PG) 3 p.m.
Dec. 31 — Team America: World Police (R) 7 p.m.
Jan. 1 — Closer (R) 7 p.m.
Jan. 2 — Surviving Christmas (PG-13) 3 p.m.

Friedberg, Old Ironsides

Dec. 23 — Taxi (PG-13) 7 p.m.
Dec. 24 — Ray (PG-13) 2 p.m.
Dec. 26 — Team America: World Police (R) 7 p.m.
Dec. 30 — Ray (PG-13) 7 p.m.
Dec. 31 — The Incredibles (PG) 2 p.m.
Jan. 2 — I Heart Huckabees (R) 7 p.m.
Jan. 6 — The Grudge (PG-13) 7 p.m.

Giessen, Skyline

Dec. 21-22 — Surviving Christmas (PG-13) 7 p.m.
Dec. 25 — Surviving Christmas (PG-13) 7 p.m.
Dec. 26 — Team America: World Police (R) 7 p.m.
Dec. 28-29 — Ray (PG-13) 7 p.m.
Dec. 31 — Team America: World Police (R) 7 p.m.
Jan. 1 — Team America: World Police (R) 7 p.m.
Jan. 2 — Surviving Christmas (PG-13) 7 p.m.
Jan. 4-5 — The Incredibles (PG) 7 p.m.

Hanau, Evening Star

Dec. 21 — Friday Night Lights (PG-13) 7 p.m.
Dec. 22 — Taxi (PG-13) 7 p.m.
Dec. 23 — Shark Tale (PG) 7 p.m.
Dec. 25 — Lemony Snickets (PG) 7 p.m.
Ocean's Twelve (PG-13) 9:30 p.m.
Dec. 26 — Lemony Snickets (PG) 4 p.m.
Ocean's Twelve (PG-13) 7 p.m.
Dec. 27 — Team America: World Police (R) 7 p.m.
Dec. 28 — Surviving Christmas (PG-13) 7 p.m.



Tim Allen and Jamie Lee Curtis are a husband and wife who find they have to juggle their holiday plans swiftly in "Christmas With The Kranks."

Dec. 29 — Team America: World Police (R) 7 p.m.
Dec. 30 — Surviving Christmas (PG-13) 7 p.m.
Dec. 31 — Spanglish (PG-13) 7 p.m.
Jan. 1 — Spanglish (PG-13) 7 p.m. I Heart Huckabees (R) 9:30 p.m.
Jan. 2 — Spanglish (PG-13) 7 p.m.
Jan. 3 — The Grudge (PG-13) 7 p.m.
Jan. 4 — I Heart Huckabees (R) 7 p.m.
Jan. 5 — The Grudge (PG-13) 7 p.m.
Jan. 6 — I Heart Huckabees (R) 7 p.m.

Rhein Main, Gardens

Dec. 22 — Closer (R) 7 p.m.
Dec. 24 — Surviving Christmas (PG-13) 7 p.m.
Dec. 25 — Spongebob Squarepants Movie (PG) 5 p.m. National Treasure (PG) 7:30 p.m.
Dec. 26 — Team America: World Police (R) 7 p.m.
Dec. 28-29 — Ocean's Twelve (PG-13) 7 p.m.
Dec. 29 — Team America: World Police (R) 7 p.m.
Dec. 30 — Lemony Snickets (PG) 7 p.m.
Dec. 31 — Alexander (R) 7 p.m.
Jan. 1 — Christmas With The Kranks (PG) 5 p.m. The Grudge (PG-13) 7:30 p.m.
Jan. 2 — I Heart Huckabees (R) 7 p.m.
Jan. 5 — Spanglish (PG-13) 7 p.m.

Wackernheim, McCully

Dec. 22 — Spongebob Squarepants Movie (PG) 6 p.m. National Treasure (PG) 8 p.m.
Dec. 29 — Shark Tale (PG) 6 p.m. Friday Night Lights (PG-13) 8 p.m.
Jan. 5 — Closer (R) 7 p.m.

Wiesbaden, Flyers

Dec. 23 — Surviving Christmas (PG-13) 7 p.m. Team America: World Police (R) midnight
Dec. 24 — Closer (R) 7 p.m.

Dec. 30 — Lemony Snickets (PG) 7 p.m.
Dec. 31 — The Forgotten (PG-13) 7 p.m.
Jan. 1 — Ocean's Twelve (PG-13) 7 p.m.
Jan. 6 — I Heart Huckabees (R) 7 p.m.

Wiesbaden, Taunus

Dec. 21 — Raise Your Voice (PG) 4 p.m. Resident Evil: Apocalypse (R) 7 p.m.
Dec. 22 — Christmas With The Kranks (PG) 4 p.m. Taxi (PG-13) 7 p.m.
Dec. 23 — Shark Tale (PG) 4 p.m. Closer (R) 7 p.m.
Dec. 24 — Surviving Christmas (PG-13) 7 p.m. Ladder 49 (PG-13) 9:30 p.m.
Dec. 25 — Surviving Christmas (PG-13) 7 p.m. Closer (R) 9:30 p.m.
Dec. 26 — Napoleon Dynamite (PG) 4 p.m. Surviving Christmas (PG-13) 7 p.m.
Dec. 27 — Sky Captain And The World Of Tomorrow (PG) 4 p.m. Team America: World Police (R) 7 p.m.
Dec. 28 — Shark Tale (PG) 4 p.m. Mr. 3000 (PG-13) 7 p.m.
Dec. 29 — Superbabies: Baby Geniuses (PG) 4 p.m. Closer (R) 7 p.m.
Dec. 30 — Napoleon Dynamite (PG) 4 p.m. Ocean's Twelve (PG-13) 7 p.m.
Dec. 31 — Lemony Snickets (PG) 4 p.m. Ocean's Twelve (PG-13) 7 p.m. Resident Evil: Apocalypse (R) 9:30 p.m.
Jan. 1 — Lemony Snickets (PG) 4 p.m. The Grudge (PG-13) 7 p.m. I Heart Huckabees (R) 9:30 p.m.
Jan. 2 — Lemony Snickets (PG) 4 p.m. Ocean's Twelve (PG-13) 7 p.m.
Jan. 3 — The Grudge (PG-13) 7 p.m.
Jan. 4 — Lemony Snickets (PG) 7 p.m.
Jan. 5 — I Heart Huckabees (R) 7 p.m.
Jan. 6 — Spanglish (PG-13) 7 p.m.

Movies and times subject to change by local theaters. For the most up-to-date schedule visit the ASG's website (see address below).

Movie plots

Christmas With The Kranks (PG) —

Tim Allen plays Luther Krank, a man who decides to skip Christmas and all the surrounding trappings and go on a vacation with his wife Nora (Jamie Lee Curtis). But when his daughter decides at the last minute to come home for the holiday, he is forced to put Christmas back together.

Ocean's Twelve (PG-13) —

In this sequel to "Ocean's Eleven," rival cat burglars who are masters of their craft team up to outfox the beautiful FBI agent one of them is in love with. Stars George Clooney, Brad Pitt, Matt Damon, Catherine Zeta-Jones, Bernie Mac and Julia Roberts.

Lemony Snickets (PG) —

Based on the bestselling book series, the "Snicket" saga follows a trio of orphans who find themselves fobbed off on a series of oddballs. The recurring bad guy is a distant relative named Count Olaf who initially takes in the kids, but is clearly trying to separate them from a family inheritance. Stars Jim Carrey, Meryl Streep and Jude Law.

I Heart Huckabees (R) —

David O. Russell's high-wire comedy captures liberal-left despair with good humor, "Fahrenheit 9/11" for the screwball set. Chockablock with strange bedfellows — Dustin Hoffman and Lily Tomlin play a hot-and-heavy married couple, Jason Schwartzman gets his groove on with Isabelle Huppert — the film is a snort-out-loud-funny master class of controlled chaos.

The Grudge (PG-13) —

An American social-work student living in Tokyo (Sarah Michelle Gellar) is making a go of life in a strange land with her architecture student boyfriend (Doug Jason Behr). When a fellow healthcare worker goes missing, she must care for a catatonic, spooky older woman (Grace Zabriskie) in this horror and suspense production.

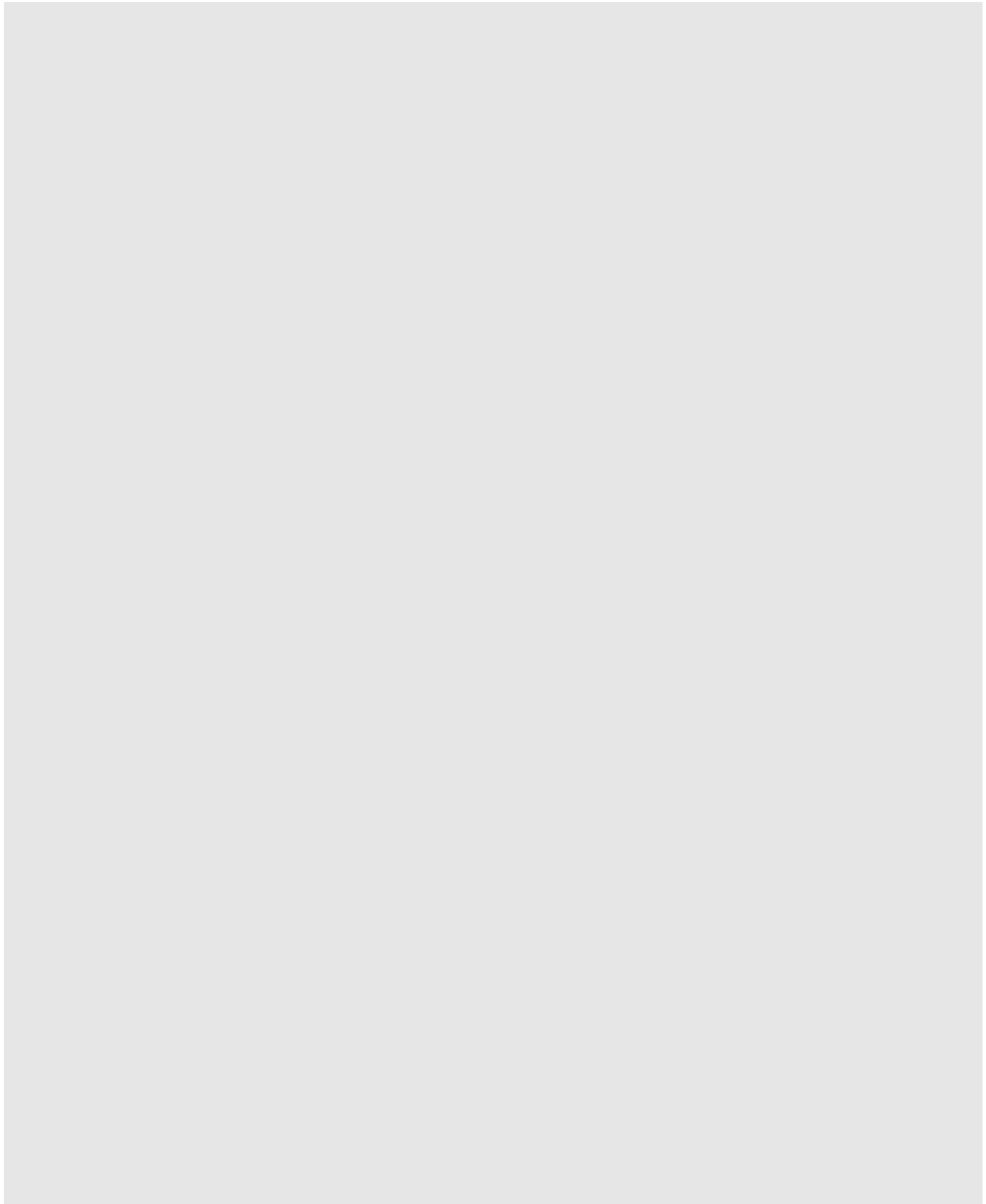
Team America: World Police —

Trey Parker and Matt Stone, creators of "South Park," apply their ingenuity to mayhem and current events in this puppet-action musical. When Kim Jong Il plots to arm terrorists with weapons of mass destruction, the members of Team America come to the rescue. While the square-jawed action heroes may blow up a lot of stuff, they do it by accident, not by design. While the movie mocks American bluster, it also expresses a blunt, uncynical patriotism.

Surviving Christmas (PG-13) —

Drew Latham (Ben Affleck) decides to go back to his childhood home to spend the holidays, but the people living there now are not his family. Drew bribes his newfound "parents" (James Gandolfini and Catherine O'Hara) to let him spend Christmas in his childhood home.

Herald Union classifieds



Planning for after high school

College Day helps students prepare for future endeavors

By David Ruderman

104th Area Support Group Public Affairs Office

Hanau High School students got to face their futures and confront some of their fears during College Day Dec. 10. Groups of ninth-through 12th-graders walked over to the nearby Teen Center to hear a pitch from Navy recruiter, Chief Dean Lake, talk with Soldiers representing their own colleges and universities, and browse through college catalogs.

"I believe in this school and I believe in you. We are interested in you," said Lake, reminding students they could expect the Navy to put up \$35,000 toward their education expenses if they qualify for his branch of the military.

The ninth- and 10th-grade classes were a little hard to pitch, said Lake, but most of the juniors and seniors took a look at his display, and some had questions he addressed. "When I go to the high school they're willing to sit down and discuss their future. Lots of kids want to do something positive with their lives, they just don't know what," he said.

A number of juniors and seniors, the latter already deeply involved in the college application procedure, expressed definite ideas about where they saw themselves heading in the near future.

"The Navy or the Army, either one," said senior Jason Stewart. "I'm going to get them to pay for my education, either the Naval Academy or West Point."

"I'm thinking about the Navy," said senior Elizabeth Neal, "because they offer good support and the Air Force isn't taking anyone now, not for the medical course I want to do."

Lake stressed the importance of being serious about mastering mathematics and science, whether for a career in the military or elsewhere. Some students seemed to take being out of class as a chance to socialize, but most appeared to take the opportunity to ask questions and clarify information about a range of possibilities. Most start taking the process more seriously as they get closer to their senior year, said school counselor Janice Martin.

"It comes with maturity. Their parents are probably putting pressure on them. We as counselors try to get them to be ready by the start of their senior year so they don't spend a lot of time making applications to schools they won't get into. That's \$25 a pop, and some are more," she said.

For those who are college bound, the basic outline of the process remains the same as it has been for decades.

"Apply early," said Martin. "We tell them to apply to three schools: a dream school, one where they're pretty sure they'll get in and they would be happy at, and a sure bet."

Hanau students benefit from the personal attention and support, such as College Day,



Photo by David Ruderman

Chief Dean E. Lake talks to Hanau students Darnell Wallace (from left), Kiandra Parhm and Oluchi Arihi at the Teen Center during College Day Dec. 10. DoDDS-Europe high schools throughout the 104th Area Support Group feature similar programs for local youths.

that come from being in a moderate-size school. "We have a small group. We're small compared to other schools," said Linda Tolen, schools liaison officer for the 414th Base Support Battalion.

Hanau will graduate about 55 seniors in June, said Martin. Part of her mission throughout the school year is getting the youths to take the process seriously and to take themselves seriously. "We have a pretty sizeable number that people would pay them money for college. That's why we keep telling them to keep working and to keep their grades up," Martin said.

There are qualities to the graduation scenario specific to students studying abroad, said Lake. "For the kids over here, they may not have as many role models to look around at, to say I'm going to do that too. They mostly disperse right after their senior year, and if they're not on that college bandwagon, they don't know what they're going to do."

Some of the young people he recruits come from that pool of graduates who do not immediately go on to college, but work for a while and then decide they have to make a choice, he said. Still, many of the Hanau juniors and seniors seemed to have decided on at least the general direction in which they would go over the next six to 18 months, and some seemed to enjoy the prospect, if not the process.

"We've had fun this far," said senior Nina Peters, who said she would pursue undergraduate study in pharmacology, possibly at the university in Giessen. "I want the chemistry part of it, not the prescription writing part. We'll see what happens. We'll see who accepts me."

"I'm going to go to Maryland vocational

classes," said senior Natasha Klage, who expressed an interest in studying psychology after she graduates. "They offer many different classes and it's close to home."

"It's just been set in my mind since I was born that I was going to college," said junior Natalia Knauf. "There's no other way." She was tending toward studying art and music at the university in Frankfurt, and would likely stay in Germany since her family lives here. "Otherwise I would have to go back to Texas, where my mom is from, and I don't really want that. It's too hot for me."

Half a dozen Soldiers were on hand to talk to students about their alma maters, among them Capt. Seth Blackwell, Company A, 2-501st Aviation. He spoke to interested students about Furman University in South Carolina while his wife, Mary Page Blackwell, spoke to students about Clemson University.

"One of the big questions was in-state versus out-of-state tuition costs," said Blackwell.

Students who have lived and studied in Germany were concerned about their status and the attendant tuition rate that would apply to them. "I explain the whole thing, that they're considered to be in-state as long as they have a place to live there. Another was that there's a lot of interest in ROTC. I think that's because JROTC is so strong here; there's a lot of interest in it," he said.

"I applied for the four-year ROTC scholarship, and I plan to apply for the Youth of the Year program," said senior Jeremy Echevarria, who was leaning toward either education or a medical field for his future. "I'm still up and down about it. I finished the Houston application. That's where my big brother is at."

School bits

School holidays

Department of Defense Dependents Schools in the 104th Area Support Group closed for winter recess Dec. 17. Classes resume Jan. 3. Schools will also close Jan. 17 in observation of Martin Luther King Jr. Day.

Dance away the blues

Hainerberg Elementary School will host Dance Away the Winter Blues for students and parents Jan. 7 from 6:30-8:30 p.m. Admission and refreshments are free of charge, children must be accompanied by a parent. The line dancing club will perform as well. For details call the school.

Jazz seminar Jan. 8-13

Department of Defense Dependents Schools-Europe will host their annual jazz confab Jan. 8-13 in Heidelberg, bringing together more than 30 of the best high school instrumentalists. Under the direction of trombonist and conductor Jiggs Whigham, and assisted by half a dozen DoDDS music teachers, including Hanau Middle School's Gigi Warner-Kingsberry, students will study the big band sound in a variety of ensembles and perform in several venues. For details call Eric Measells at mil338-7806 or civ (0611) 380-7806. (Courtesy of DoDDS-Europe PAO)

Carner memorial set

A memorial service will be held Jan. 3 at 3:30 p.m. in the Hainerberg Chapel for Kathryn (Kaye) W. Carner, former Gen. H.H. Arnold High School guidance counselor. Carner died Dec. 3 from complications of cancer. She was 58 years old. (Courtesy of DoDDS-Europe PAO)

Web, email change

Department of Defense Education Activity has changed its web and email addresses for all schools and offices. Email addresses that ended in *odedodea.edu* will thereafter end in *dodea.edu*. The formula will be *firstname.lastname@eu.dodea.edu*. The old address format will no longer be recognized or redirected after Dec. 31. At the same time the DoDEA web addresses will become *www.dodea.edu* and the Department of Defense Dependents Schools-Europe web address will become *www.eu.dodea.edu*. (Courtesy of DoDDS-Europe PAO)

Calling Hanau

Because of difficulties with their DSN phone lines, the Hanau High School administrative staff urges parents and others trying to reach the school to dial the civilian system number, civ (06181) 906 9910, until further notice.



Mentors sought

The Hanau Middle School seeks mentors to work one on one with students. Call Ms. Juergens at civ (06181) 906 9727 for details.

Sports and leisure

Take a hike

By Donald Seltzer
Special to the Herald Union

A full list of volksmarch events in the 104th Area Support Group may be found on the web at 104thasg.hanau.army.mil.

Readers are asked whenever possible to pick up an extra set of event brochures for this column and mail them via MPS to 104th ASG, Herald Union Volksmarch, Unit 20193 Box 0001, APO AE 09165-0001.



Weekend of Jan. 1-2

Nieder-Wiesen — Welcome New Year's with a volksmarch. This event south-southeast of Bad Kreuznach is accessible via Autobahn 63 south of Mainz. Bring boots if the weather is or has been wet; past year's trails have been muddy. Pick up A-63 southbound from Mainz toward Alzey. Exit at Erbes-Büdesheim to follow unnumbered roads through Erbes-Büdesheim and Nack to the start. **Start:** Gemeindezentrum **Saturday:** 8 a.m. to 2 p.m. (5 and 10 km) **Trails:** Fairly hilly, fields and woods **Award:** From previous events.

Wiesbaden-Delkenheim — Volksmarchers will find this walk just off Autobahn 66 east of Wiesbaden, directly east of Wiesbaden Army Airfield, a relaxed way to spend the year's first weekend with friends and family. The start hall presents amusing entertainment each day after 11 a.m. Take Autobahn 66 toward Wiesbaden and exit at Wiesbaden-Nordenstadt. Head toward Delkenheim and follow IVV signs to the start and remote parking areas.

Start: Bürgerhaus **Saturday and Sunday:** 8 a.m. to 4 p.m. (12 km) **Trail:** Mostly flat, stroller-friendly, fields **Award:** From previous events **Note:** Designated parking is a distance from the start.

Weekend of Jan. 8-9

Bretzenheim/Nahe — This event is just north of Bad Kreuznach on the B-48 heading toward Bingen. From points east take Autobahn 60 toward Bingen, continuing at its end on a two-lane road to Gensingen. Follow IVV signs to Langenlonsheim and Bretzenheim.

Start: Sportplatz Schlossgarten **Saturday and Sunday:** 8 a.m. to 2 p.m. (5 and 10 km) **Trail:** Somewhat hilly, vineyards **Award:** From previous events **Note:** Pay close attention to trail markings.

Weekend of Jan. 15-16

Dietkirchen — This walk brings volksmarchers north to the Limburg area. Take Autobahn 3 toward Köln and exit at Limburg-Süd to follow B-3 to Lindenhofshausen and pick up an unnumbered road to Eschhofen and Dietkirchen. Watch for IVV signs.

Start: Dorfgemeinschaftshaus **Saturday:** 7:30 a.m. to 2 p.m. (5 and 10 km) and 7:30 a.m. to 1 p.m. (20 km) **Sunday:** 7:30 a.m. to 1 p.m. (5, 10 and 20 km) **Trail:** Hilly, woods **Award:** Porcelain doll, stand.

Lauterbach/Hessen — This event presents an

opportunity to enjoy the scenic beauty northwest of Fulda, and is easy to reach from Giessen. Old city wandering is featured. Take B-254 from Fulda to reach Lauterbach. From Giessen follow Autobahn 5 toward Bad Hersfeld, exit at Alsfeld and continue on B-254 to the start.

Start: Vogelsbergschule **Sunday:** 8 a.m. to 2 p.m. (5 and 10 km) **Trail:** Fairly hilly, woods **Award:** From previous events.

Schweppenhäusen — The trails at this volksmarch are part of the IVV-Rundwanderweg Hunsrück, a system of year-round trails offering seven routes totaling 160 kilometers. Take Autobahn 61 to the Bad Kreuznach/Waldlaubersheim exit (No. 47) and follow IVV directional signs on unnumbered roads through Windesheim to the start.

Start: Schlossgartenhalle **Saturday and Sunday:** 8 a.m. to 1 p.m. (5, 10 and 15 km) **Trail:** Hilly trails, fields and woods **Award:** From previous events.

Questions? Send email to volksmarch@hotmail.com.



Things to do

Play auditions

Hanau's Five Pfennig Playhouse holds auditions for the comedy "Allocating Annie" Jan. 4-5 at 7 p.m. in Building 405 on Hanau's Old Argonner Kaserne. Call civ (06181) 88-8031 for details. Wiesbaden's Amelia Earhart Playhouse holds auditions for the melodrama "The Passion of Dracula" Jan. 5-6 from 7-10 p.m. All are welcome. The theater is located at Konrad-Adenauer-Ring 39. Call civ (0611) 816-2473 for details.

Alte Oper highlights

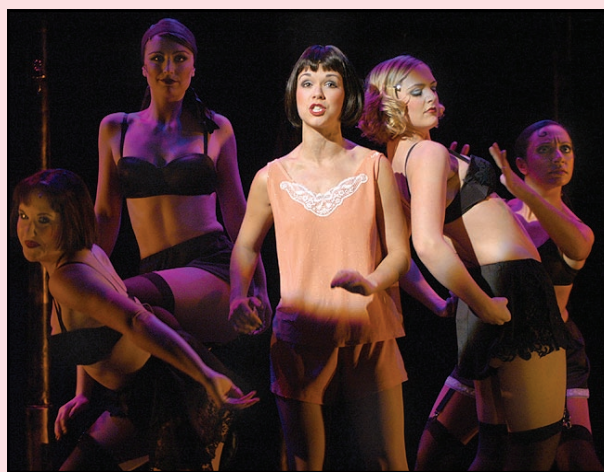
Frankfurt's Alte Oper features the **Jackson Singers** Dec. 25, the classic musical "Porgy and Bess" through Dec. 31, the **Orchestra Sinfonica Di Milano** featuring violinist **Hilary Hahn** Jan. 11, the **Hot Jazz Meeting 2005** Jan. 15, the **English Chamber Orchestra** Jan. 18, **Magic of the Dance** Jan. 24 and 25, the **Five Tenors** Jan. 27 and **Esther Ofarim** Jan. 28. Call civ (069) 1340 400 or visit www.alteoper.de for tickets.

Christmas Jam

The "Word Alive" Christian Fellowship holds its Word Alive Christmas Jam Dec. 29 from 8 p.m. to midnight at Hanau's Club I on Fliegerhorst Kaserne. Cameron Warner will be featured. For information and tickets call Aryne White at civ (0175) 488 6173 or Kim Robinson at civ (0175) 1936056.

Teen mystery night

Wiesbaden's Library will feature "Rock and Roll Over Dead," an interactive mystery for young adults, Jan. 7 at 5 p.m. Stop by the library in Building 1029 on Wiesbaden Army Airfield to reserve a seat and pick up a ticket.



Frankfurt's English Theater presents "Cabaret" through the holiday season. See below for details.

USO highlights

Rhein Main Area USOs in Wiesbaden, Hanau, at Rhein-Main Air Base and the Frankfurt Airport feature tours to **Paris** Dec. 29 to Jan. 1, **Frankfurt by Train** Jan. 8, **Luxembourg City** Jan. 15, **Prague** Jan. 15-17. Stop by for details.

'Cabaret' at English Theater

Frankfurt's English Theater presents "Cabaret" through Feb. 12. Shows are Tuesday to Saturday at 7:30 p.m. and Sunday at 6 p.m. Call civ (069) 2423 1620 for reservations. The theater is located at Kaiserstr. 34.

Live at the Jazzkeller

Frankfurt's Jazzkeller features **Dr. Soul and the Chain of Fools** Dec. 23 at 9 p.m.; **Swinging-Latin-Funky Dance Night** Dec. 24 at 11 p.m.; the Brazilian Trio **Das Cores** Dec. 25 and 26 at 10 p.m.; and the bebop and beyond jazzers **Savas Bayrak, Claus Raible, Martin Zenker and Max Mahler** Jan. 1 at 10 p.m. and Jan. 2 at 8 p.m. The Jazzkeller is located at Kleine Bockenheimerstr. 18a.

Sports shorts

All-Europe players

Congratulations to the Department of Defense Dependents Schools Europe football players named to the All-Europe team. The following local players made the offensive team (as selected by a panel of DoDDS-Europe coaches): Hanau running back Malcolm Lane, Wiesbaden running back Paul Fry, Hanau punter Marcus Fontanez and Wiesbaden linesman Derek Almen. On the defensive side the following were honored: Wiesbaden defensive back Shannon McCray, Wiesbaden linebacker Daniel Villareal, Wiesbaden linesman Jordan Ruger, Baumholder linesman Alex Eng and Wiesbaden kicker Lones Seiber. (IMA-E Public Affairs)

Holiday Olympics

Free three-on-three basketball, racquetball, table tennis, bench press, card and chess competitions will be held at 414th Base Support Battalion fitness centers through Dec. 30. Call local fitness centers for details.

Basketball Supercup

The 284th Base Support Battalion Sports Office hosts a Basketball Supercup Jan. 14-16 at Giessen's Miller Hall Fitness Center. The event is free to all unit level teams which are limited to 12 players and two non playing coaches. Call mil 343-7201 for details.

Resolution 2005

Wiesbaden's Tony Bass Fitness Center features a Resolution 2005 Health Extravaganza Jan. 22. Take your pick of activities from a five-kilometer run or walk, free health screenings, messages, a bench press competition, yoga, kickboxing, powerlifting, self-defense for women and more. Call mil 337-5541 for more information.

Baby Boot Camp

Mothers who want to get in shape after pregnancy can attend Baby Boot Camp at Wiesbaden's Tony Bass Fitness Center from 10:30-11:30 a.m. Tuesdays and Thursdays Jan. 11 to March 2. Cost is \$60. Babies must be secured in strollers and no umbrella strollers are allowed. Call mil 337-5541.

Baumholder boxing

Boxers are invited to compete in Baumholder's Hall of Champions Jan. 22 at 7 p.m. Physicals and weigh-ins are from 10 a.m. to 1 p.m. Doors open to spectators at 5:30 p.m. Spectator admission is \$4. Call mil 485-6671 or 7176 for details.

Giessen fun run

A Groundhog Day five-kilometer run and three-kilometer family fun walk will be held Jan. 29 at the Giessen Bowling Center. The race starts at 11 a.m. Registration is from 9:30-10:45 a.m. Cost is \$15 including a commemorative T-shirt or \$10 without. Medals will be given to the top three in each male and female age category. For more information call mil 343-7201 or civ (0641) 402-7201.

Massage specials

Holiday health and wellness gift certificates for Swedish massages, peppermint leg and foot treatments and hot stone massage therapy are available through Team 221st Sports and Fitness. Call civ (0160) 640 5187 or (0179) 903 6996.

Personal trainers

Personal trainers are available at a cost of \$35 per session or \$125 for five sessions at the Tony Bass Fitness Center. Discounts are available for groups of up to four people. Trainers are certified to work with youths and special populations. Private pilates and yoga training is also available. Call mil 337-5541.

Sports and leisure

Fists fly in Dexheim

Story and photos by
Cassandra Kardeke
221st Base Support Battalion
Public Affairs Office

Boxers from all over Hessen donned their gloves and tested their endurance at the Open and Novice Boxing Tournament at Dexheim's Anderson Barracks Dec. 4.

More than 200 fans cheered on the pugilists while they punched, danced, ducked, dodged and jabbed their way through the eight bouts, some of which barely lasted one round.

The roar of the audience encouraged the competitors and by the third bout blood splattered as gloved fists made contact with boxers unable to sidestep a good right hook or calculated left uppercut. Bouts were unpredictable, some lasting only seconds, while others took it to the end leaving the crowd in suspense as boxers outpointed each other.

"He came out with a bang and the punches just didn't stop until the ref called it," said Susanne Dale,



Josh Stegemeyer takes a punch to the face from Alexander Cruz Ortiz during an open and novice boxing tournament in Dexheim.

221st Base Support Battalion fitness coordinator, about middle-weight Alexander Cruz Ortiz, 123rd Main Support Battalion, Dexheim. Ortiz danced and punched his way to a win in only 47 seconds against his opponent Josh Stegemeyer, 165th Military Intelligence Battalion, Darmstadt.

But referees weren't the only ones ending bouts. Dr. Greg Scherle ended round two of bout four early

when it was obvious one of the boxers was stunned.

"He wasn't completely out of it, but when he can't tell me his name or where he is as soon as I ask, then the fight is over," said Scherle. Matthew Smith, 123rd MSB, had to give up his bout to Ian Jackson, of Würzburg. After a thorough look-over, Smith proved to be fine minutes after the bout was over.



Rudolph Ramirez, 16th Engineer Battalion out of Giessen, listens to advice between rounds from coach Ryan Darby during the open and novice boxing tournament in Dexheim.

Installation sports and fitness facilities host a wide variety of boxing training and tournaments

throughout Europe. Baumholder hosts a boxing tournament Jan. 22. See page 27 for details.